

Advanced Quantum Mechanics

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Chapter 1

Recapitulation of basic qm. principles

- Mathematical background
- Qm. states, observables, and measurements
- Correspondence principle and time evolution

Chapter 2

Symmetries in quantum mechanics

- Symmetry transformations and Wigner's theorem
- Elements of group theory (representations, irreducibility, Schur's lemma, finite groups, Lie groups, Lie algebras)
- Space translations (continuous and discrete translations, Bloch's theorem)
- Rotations ($SO(3)$ and $SU(2)$, irreducible representations, Wigner's D functions, orbital angular momentum and spin, addition of angular momenta, irreducible tensors, Wigner-Eckart theorem)

Chapter 3

Approximation methods

- WKB method
- Time-independent perturbation theory
- Variational method
- Time-dependent perturbation theory

Chapter 4

Scattering theory

- Potential scattering (Green's functions, wave packets, Lippmann–Schwinger equation, perturbation theory, partial-wave analysis, optical theorem, resonances, complex potentials)
- Basics of general scattering theory (T matrix, S matrix, cross sections, decay widths, general optical theorem)

Chapter 5

Quantization of the electromagnetic field

Experimental observation:

Elmg. fields of frequency ν emits / absorbs *energy* in portions $h\nu = \hbar\omega$.

Elmg. fields of frequency ν emits / absorbs *momentum* in portions $h/\lambda = \hbar k$.

\Rightarrow Qm. principles should be applied to the elmg. fields !

5.1 Free electromagnetic fields

5.1.1 Classical description

Maxwell's equations:

$$\begin{aligned}\vec{\nabla} \cdot \vec{E} &= \rho / \epsilon_0, & \vec{\nabla} \times \vec{E} &= -\dot{\vec{B}}, \\ \vec{\nabla} \cdot \vec{B} &= 0, & \vec{\nabla} \times \vec{B} &= \dot{\vec{E}} / c^2 + \mu_0 \vec{j},\end{aligned}\quad (5.1)$$

where the electric charge ρ and the current density \vec{j} vanish for free fields: $\rho = 0, \vec{j} = 0$.

Gauge potentials \vec{A} and Φ :

\Leftrightarrow eliminate the homogenous Maxwell eqs. by construction:

$$\vec{B} = \vec{\nabla} \times \vec{A}, \quad \vec{E} = -\vec{\nabla} \Phi - \dot{\vec{A}}. \quad (5.2)$$

Field eqs. for \vec{A} and Φ :

$$\square \vec{A} + \vec{\nabla}(\vec{\nabla} \cdot \vec{A} + \dot{\Phi} / c^2) = \mu_0 \vec{j}, \quad \Delta \Phi + \vec{\nabla} \cdot \dot{\vec{A}} = -\rho / \epsilon_0. \quad (5.3)$$

Recall: $\square = \frac{1}{c^2} \frac{\partial^2}{\partial t^2} - \Delta = \text{wave operator}$

Elmg. gauge invariance:

Field strengths \vec{E} and \vec{B} (which define the physical state of the classical system) are invariant under the "gauge transformation":

$$\vec{A} \rightarrow \vec{A}' = \vec{A} + \vec{\nabla} \chi, \quad \Phi \rightarrow \Phi' = \Phi - \dot{\chi}, \quad (5.4)$$

with χ denoting any function $\chi = \chi(\vec{x}, t)$.

\Rightarrow Field eqs. can be simplified by "fixing a gauge", e.g.:

- $\vec{\nabla} \cdot \vec{A} = 0$, "Coulomb gauge" (used in the following),
- $\vec{\nabla} \cdot \vec{A} + \dot{\Phi} / c^2 = 0$, "Lorenz gauge" (appropriate in relativistic theories).

Free elmg. radiation in Coulomb gauge (“radiation gauge”):

$$\Phi \equiv 0, \quad (5.5)$$

$$\square \vec{A} = 0, \quad \text{homogenous wave equation,} \quad (5.6)$$

$$\vec{\nabla} \cdot \vec{A} = 0. \quad (5.7)$$

Basis solution for finite volume V (cubic box of side length L):

- Ansatz: $\vec{A}(\vec{x}, t) = \vec{\varepsilon} e^{i\vec{k}\vec{x} - i\omega t}$, $\vec{\varepsilon} = \text{const.}$
- From Eq.(5.6): $-\frac{\omega^2}{c^2} + \vec{k}^2 = 0$, i.e. $\omega = c|\vec{k}| = ck$.
- From periodicity: $\vec{k} = \frac{2\pi}{L}\vec{n}$, $n_j \in \mathbb{Z}$, i.e. all \vec{k} on discrete lattice.
- From Eq.(5.7): $\vec{k} \cdot \vec{\varepsilon} = 0 \rightarrow 2$ independent solutions (“polarizations”) for each \vec{k} .
Convenient choice of $\vec{\varepsilon}_\lambda(\vec{k})$: “helicity basis” $\vec{\varepsilon}_\pm(\vec{k})$.

$$\vec{\varepsilon}_\pm = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ \pm i \\ 0 \end{pmatrix} \quad \text{for } \vec{k} = k\vec{e}_3, \quad \text{other directions via rotations,} \quad (5.8)$$

i.e. $\vec{\varepsilon}_\pm$ describe right/left-circular polarization,

$$\text{normalization: } \vec{\varepsilon}_\lambda \cdot \vec{\varepsilon}_{\lambda'}^* = \delta_{\lambda\lambda'}, \quad \vec{\varepsilon}_\pm^* = \vec{\varepsilon}_\mp, \quad (5.9)$$

$$\text{completeness relation: } \sum_{\lambda=\pm} \varepsilon_{\lambda,a}(\vec{k}) \varepsilon_{\lambda,b}^*(\vec{k}) = \delta_{ab} - \frac{k_a k_b}{k^2}. \quad (5.10)$$

\Rightarrow General solution for $\vec{A}(\vec{x}, t)$:

$$\vec{A}(\vec{x}, t) = \sum_{\vec{k}} \sum_{\lambda} \frac{1}{\sqrt{2\omega\epsilon_0 V}} \left(\underbrace{a_\lambda(\vec{k})}_{\text{arbitrary amplitudes}} \vec{\varepsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} + \underbrace{\text{c.c.}}_{\text{complex conjugate}} \right). \quad (5.11)$$

(normalization defined with some foresight)

Field strengths derived from $\vec{A}(\vec{x}, t)$:

$$\vec{E}(\vec{x}, t) = i \sum_{\vec{k}} \sum_{\lambda} \sqrt{\frac{\omega}{2\epsilon_0 V}} \left(a_\lambda(\vec{k}) \vec{\varepsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} - \text{c.c.} \right), \quad (5.12)$$

$$\vec{B}(\vec{x}, t) = i \sum_{\vec{k}} \sum_{\lambda} \frac{1}{\sqrt{2\omega\epsilon_0 V}} \left(a_\lambda(\vec{k}) \vec{k} \times \vec{\varepsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} - \text{c.c.} \right). \quad (5.13)$$

Energy H_{rad} and momentum \vec{P}_{rad} of the field configuration:

$$\begin{aligned}
H_{\text{rad}} &= \int_V d^3x \frac{1}{2} \left(\epsilon_0 \vec{E}^2 + \vec{B}^2 / \mu_0 \right) \\
&= -\frac{1}{2V} \int_V d^3x \sum_{\vec{k}, \vec{k}', \lambda, \lambda'} \left\{ \frac{\sqrt{\omega\omega'}}{2} \left(a_\lambda(\vec{k}) \vec{\epsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x}-i\omega t} - \text{c.c.} \right) \cdot \left(a_{\lambda'}(\vec{k}') \vec{\epsilon}_{\lambda'}(\vec{k}') e^{i\vec{k}'\vec{x}-i\omega' t} - \text{c.c.} \right) \right. \\
&\quad \left. + \frac{1}{2 \underbrace{\epsilon_0 \mu_0}_{=1/c^2} \sqrt{\omega\omega'}} \left(a_\lambda(\vec{k}) \vec{k} \times \vec{\epsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x}-i\omega t} - \text{c.c.} \right) \cdot \left(a_{\lambda'}(\vec{k}') \vec{k}' \times \vec{\epsilon}_{\lambda'}(\vec{k}') e^{i\vec{k}'\vec{x}-i\omega' t} - \text{c.c.} \right) \right\} \\
&= -\frac{1}{4V} \int_V d^3x \sum_{\vec{k}, \vec{k}', \lambda, \lambda'} \left\{ \sqrt{\omega\omega'} \left(a_\lambda(\vec{k}) a_{\lambda'}(\vec{k}') \vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}(\vec{k}') \underbrace{e^{i(\vec{k}+\vec{k}')\vec{x}}}_{\int d^3x \rightarrow V \delta_{\vec{k}, -\vec{k}'}} e^{-i(\omega+\omega')t} \right. \right. \\
&\quad \left. \left. - a_\lambda(\vec{k}) a_{\lambda'}^*(\vec{k}') \vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}^*(\vec{k}') e^{i(\vec{k}-\vec{k}')\vec{x}-i(\omega-\omega')t} + \text{c.c.} \right) \right. \\
&\quad \left. + \frac{c^2}{\sqrt{\omega\omega'}} \left[a_\lambda(\vec{k}) a_{\lambda'}(\vec{k}') \left(\vec{k} \times \vec{\epsilon}_\lambda(\vec{k}) \right) \cdot \left(\vec{k}' \times \vec{\epsilon}_{\lambda'}(\vec{k}') \right) e^{i(\vec{k}+\vec{k}')\vec{x}-i(\omega+\omega')t} \right. \right. \\
&\quad \left. \left. - a_\lambda(\vec{k}) a_{\lambda'}^*(\vec{k}') \left(\vec{k} \times \vec{\epsilon}_\lambda(\vec{k}) \right) \cdot \left(\vec{k}' \times \vec{\epsilon}_{\lambda'}^*(\vec{k}') \right) e^{i(\vec{k}-\vec{k}')\vec{x}-i(\omega-\omega')t} + \text{c.c.} \right] \right\} \\
&= -\frac{1}{4} \sum_{\vec{k}, \lambda, \lambda'} \left\{ \omega \left(\cancel{a_\lambda(\vec{k}) a_{\lambda'}(-\vec{k}) \vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}(-\vec{k}) e^{-2i\omega t}} - a_\lambda(\vec{k}) a_{\lambda'}^*(\vec{k}) \underbrace{\vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}^*(\vec{k})}_{=\delta_{\lambda\lambda'}} + \text{c.c.} \right) \right. \\
&\quad \left. + \frac{c^2}{\omega} \left[\cancel{a_\lambda(\vec{k}) a_{\lambda'}(-\vec{k}) \left(\vec{k} \times \vec{\epsilon}_\lambda(\vec{k}) \right) \cdot \left(-\vec{k} \times \vec{\epsilon}_{\lambda'}(-\vec{k}) \right) e^{-2i\omega t}} \right. \\
&\quad \quad \left. \underbrace{= -k^2 \vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}(-\vec{k})}_{=k^2 \vec{\epsilon}_\lambda(\vec{k}) \cdot \vec{\epsilon}_{\lambda'}^*(\vec{k}) = \frac{\omega^2}{c^2} \delta_{\lambda\lambda'}} \right. \\
&\quad \left. \left. - a_\lambda(\vec{k}) a_{\lambda'}^*(\vec{k}) \left(\vec{k} \times \vec{\epsilon}_\lambda(\vec{k}) \right) \cdot \left(\vec{k} \times \vec{\epsilon}_{\lambda'}^*(\vec{k}) \right) + \text{c.c.} \right] \right\} \\
&= \sum_{\vec{k}, \lambda} \frac{\omega}{2} \left(a_\lambda(\vec{k}) a_\lambda(\vec{k})^* + a_\lambda(\vec{k})^* a_\lambda(\vec{k}) \right), \tag{5.14}
\end{aligned}$$

$$\vec{P}_{\text{rad}} = \int_V d^3x \epsilon_0 \vec{E} \times \vec{B} = \dots = \sum_{\vec{k}, \lambda} \frac{\vec{k}}{2} \left(a_\lambda(\vec{k}) a_\lambda(\vec{k})^* + a_\lambda(\vec{k})^* a_\lambda(\vec{k}) \right). \tag{5.15}$$

5.1.2 Quantization

Comparison with system of harmonic oscillators:

$$\hat{H} = \sum_k \left(\frac{\hat{p}_k^2}{2m_k} + \frac{m_k \omega_k^2}{2} \hat{q}_k^2 \right), \quad [\hat{q}_k, \hat{p}_{k'}] = i\hbar \delta_{kk'}, \quad (5.16)$$

$$= \sum_k \frac{\hbar \omega_k}{2} \left(\hat{a}_k \hat{a}_k^\dagger + \hat{a}_k^\dagger \hat{a}_k \right), \quad [\hat{a}_k, \hat{a}_{k'}^\dagger] = \delta_{kk'}, \quad [\hat{a}_k, \hat{a}_{k'}] = [\hat{a}_k^\dagger, \hat{a}_{k'}^\dagger] = 0, \quad (5.17)$$

$$E_{n_1 n_2 \dots} = \sum_k \hbar \omega_k \left(n_k + \frac{1}{2} \right), \quad n_k = 0, 1, 2, \dots \quad (5.18)$$

\Rightarrow Promote classical amplitudes $a_\lambda(\vec{k})$ and $a_\lambda(\vec{k})^*$ to annihilation and creation operators $\sqrt{\hbar} \hat{a}_\lambda(\vec{k})$ and $\sqrt{\hbar} \hat{a}_\lambda(\vec{k})^\dagger$:

- Commutators:

$$[\hat{a}_\lambda(\vec{k}), \hat{a}_{\lambda'}(\vec{k}')^\dagger] = \delta_{\lambda\lambda'} \delta_{\vec{k}\vec{k}'}, \quad [\hat{a}_\lambda(\vec{k}), \hat{a}_{\lambda'}(\vec{k}')] = [\hat{a}_\lambda(\vec{k})^\dagger, \hat{a}_{\lambda'}(\vec{k}')^\dagger] = 0. \quad (5.19)$$

- Hamilton operator:

$$\hat{H}_{\text{rad}} = \sum_{\vec{k}, \lambda} \frac{\hbar \omega}{2} \left(\hat{a}_\lambda(\vec{k}) \hat{a}_\lambda(\vec{k})^\dagger + \hat{a}_\lambda(\vec{k})^\dagger \hat{a}_\lambda(\vec{k}) \right). \quad (5.20)$$

- Field operator:

$$\begin{aligned} \hat{A}(\vec{x}, t) &= \sum_{\vec{k}} \sum_{\lambda} \sqrt{\frac{\hbar}{2\omega \epsilon_0 V}} \left(\hat{a}_\lambda(\vec{k}) \vec{\epsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} + \hat{a}_\lambda(\vec{k})^\dagger \vec{\epsilon}_\lambda^*(\vec{k}) e^{-i\vec{k}\vec{x} + i\omega t} \right) \\ &= \hat{A}(\vec{x}, t)^\dagger = \text{hermitian}. \end{aligned} \quad (5.21)$$

Perform continuum limit $V \rightarrow \infty$:

$$\begin{aligned} \delta_{\vec{k}\vec{k}'} &\rightarrow \frac{(2\pi)^3}{V} \delta(\vec{k} - \vec{k}'), \\ \sum_{\vec{k}} &\rightarrow V \int \frac{d^3k}{(2\pi)^3}, \\ \text{rescaling: } a_\lambda(\vec{k})^{(\dagger)} &\rightarrow a_\lambda(\vec{k})^{(\dagger)} / \sqrt{V}. \end{aligned} \quad (5.22)$$

⇒ Results:

- Commutators:

$$[\hat{a}_\lambda(\vec{k}), \hat{a}_{\lambda'}(\vec{k}')^\dagger] = (2\pi)^3 \delta_{\lambda\lambda'} \delta(\vec{k} - \vec{k}'), \quad [\hat{a}_\lambda(\vec{k}), \hat{a}_{\lambda'}(\vec{k}')] = [\hat{a}_\lambda(\vec{k})^\dagger, \hat{a}_{\lambda'}(\vec{k}')^\dagger] = 0. \quad (5.23)$$

- Field operators:

$$\hat{A}(\vec{x}, t) = \int \frac{d^3k}{(2\pi)^3} \sum_\lambda \sqrt{\frac{\hbar}{2\omega\epsilon_0}} \left(\hat{a}_\lambda(\vec{k}) \vec{\epsilon}_\lambda(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} + \hat{a}_\lambda(\vec{k})^\dagger \vec{\epsilon}_\lambda^*(\vec{k}) e^{-i\vec{k}\vec{x} + i\omega t} \right), \quad (5.24)$$

$$\vec{\nabla} \hat{A}(\vec{x}, t) = 0, \quad \text{Coulomb gauge condition}, \quad (5.25)$$

$$\hat{E}(\vec{x}, t) = -\frac{\partial \hat{A}}{\partial t}(\vec{x}, t), \quad (5.26)$$

$$\hat{B}(\vec{x}, t) = \vec{\nabla} \times \hat{A}(\vec{x}, t). \quad (5.27)$$

- Hamilton operator:

$$\hat{H}_{\text{rad}} = \int \frac{d^3k}{(2\pi)^3} \sum_\lambda \frac{\hbar\omega}{2} \left(\hat{a}_\lambda(\vec{k}) \hat{a}_\lambda(\vec{k})^\dagger + \hat{a}_\lambda(\vec{k})^\dagger \hat{a}_\lambda(\vec{k}) \right). \quad (5.28)$$

- Operator for field momentum:

$$\hat{P}_{\text{rad}} = \int \frac{d^3k}{(2\pi)^3} \sum_\lambda \frac{\hbar\vec{k}}{2} \left(\hat{a}_\lambda(\vec{k}) \hat{a}_\lambda(\vec{k})^\dagger + \hat{a}_\lambda(\vec{k})^\dagger \hat{a}_\lambda(\vec{k}) \right). \quad (5.29)$$

Considerations about the field operators:

- By construction, the field operators obey their “eqs. of motion” (EOM) and thus are defined in the Heisenberg picture of time evolution.
- The quantized elmg. field defines a qm. system with infinitely many degrees of freedom:
 - The field modes characterized by \vec{k} and λ are independent harmonic oscillators.
 - Alternatively, the field can be interpreted to allow for excitations at each point \vec{x} , but the fields at different points are NOT independent (derivatives in EOM correspond to interactions of neighbouring points).

- Still to be clarified:

What is the canonical momentum variable corresponding to $\hat{A}(\vec{x}, t)$?

↪ Use again analogy to harmonic oscillator:

$$\hat{q}_k = \sqrt{\frac{\hbar}{2m_k\omega_k}} (\hat{a}_k + \hat{a}_k^\dagger) \quad \longrightarrow \quad \hat{A}(\vec{x}, t),$$

$$\hat{p}_k = i\sqrt{\frac{\hbar m_k\omega_k}{2}} (\hat{a}_k^\dagger - \hat{a}_k) \quad \longrightarrow \quad \frac{\partial \hat{A}}{\partial t}(\vec{x}, t) ? \quad (\text{because of factor “i” and sign change})$$

Calculation of commutator (at equal times!):

$$\begin{aligned} \left[\hat{A}_a(\vec{x}, t), \frac{\partial \hat{A}_b}{\partial t}(\vec{y}, t) \right] &= \int \frac{d^3k}{(2\pi)^3} \int \frac{d^3k'}{(2\pi)^3} \frac{i\omega'\hbar}{2\epsilon_0\sqrt{\omega\omega'}} \sum_{\lambda, \lambda'} \\ &\quad \times \left[\left(\hat{a}_\lambda(\vec{k}) \varepsilon_{\lambda,a}(\vec{k}) e^{i\vec{k}\vec{x}-i\omega t} + \hat{a}_\lambda(\vec{k})^\dagger \varepsilon_{\lambda,a}^*(\vec{k}) e^{-i\vec{k}\vec{x}+i\omega t} \right), \right. \\ &\quad \left. \left(-\hat{a}_{\lambda'}(\vec{k}') \varepsilon_{\lambda',b}(\vec{k}') e^{i\vec{k}'\vec{y}-i\omega' t} + \hat{a}_{\lambda'}(\vec{k}')^\dagger \varepsilon_{\lambda',b}^*(\vec{k}') e^{-i\vec{k}'\vec{y}+i\omega' t} \right) \right] \\ &= \int \frac{d^3k}{(2\pi)^3} \int \frac{d^3k'}{(2\pi)^3} \frac{i\omega'\hbar}{2\epsilon_0\sqrt{\omega\omega'}} \sum_{\lambda, \lambda'} \\ &\quad \times \left(\underbrace{\left[\hat{a}_\lambda(\vec{k}), \hat{a}_{\lambda'}(\vec{k}')^\dagger \right]}_{=(2\pi)^3 \delta_{\lambda\lambda'} \delta(\vec{k}-\vec{k}')} \varepsilon_{\lambda,a}(\vec{k}) \varepsilon_{\lambda',b}^*(\vec{k}') e^{i\vec{k}\vec{x}-i\vec{k}'\vec{y}-i(\omega-\omega')t} \right. \\ &\quad \left. - \left[\hat{a}_\lambda(\vec{k})^\dagger, \hat{a}_{\lambda'}(\vec{k}') \right] \varepsilon_{\lambda,a}^*(\vec{k}) \varepsilon_{\lambda',b}(\vec{k}') e^{-i\vec{k}\vec{x}+i\vec{k}'\vec{y}+i(\omega-\omega')t} \right) \\ &= \frac{i\hbar}{2\epsilon_0} \int \frac{d^3k}{(2\pi)^3} \left(\underbrace{\sum_\lambda \varepsilon_{\lambda,a}(\vec{k}) \varepsilon_{\lambda,b}^*(\vec{k})}_{=\delta_{ab} - \frac{k_a k_b}{k^2}} e^{i\vec{k}(\vec{x}-\vec{y})} + \text{c.c.} \right) \\ &= \frac{i\hbar}{\epsilon_0} \underbrace{\int \frac{d^3k}{(2\pi)^3} \left(\delta_{ab} - \frac{k_a k_b}{k^2} \right) e^{i\vec{k}(\vec{x}-\vec{y})}}_{\equiv \delta_{ab}^\perp(\vec{x}-\vec{y}), \text{ “transverse } \delta\text{-function”}}. \end{aligned}$$

⇒ Identification of conjugate momentum variable: $\hat{\Pi}(\vec{x}, t) \equiv \epsilon_0 \frac{\partial \hat{A}}{\partial t}(\vec{x}, t) = -\epsilon_0 \hat{\vec{E}}(\vec{x}, t)$.

$$\left[\hat{A}_a(\vec{x}, t), \hat{\Pi}_b(\vec{y}, t) \right] = i\hbar \delta_{ab}^\perp(\vec{x} - \vec{y}). \quad (5.30)$$

Comments:

- Definition of $\vec{\Pi}(\vec{x}, t)$ should be verified upon checking the canonical EOMs.
- $\delta_{ab}^\perp(\vec{x}) = 3 \times 3$ matrix-valued projector on transverse vector fields:

$$\delta_{ab}^\perp(\vec{x}) = \int \frac{d^3k}{(2\pi)^3} \left(\delta_{ab} - \frac{k_a k_b}{k^2} \right) e^{i\vec{k}\vec{x}} = \delta_{ab} \delta(\vec{x}) + \frac{\partial^2}{\partial x_a \partial x_b} \frac{1}{4\pi|\vec{x}|}, \quad (5.31)$$

$$\begin{aligned} V_a^\perp(\vec{x}) &\equiv \int d^3y \sum_b \delta_{ab}^\perp(\vec{x} - \vec{y}) V_b(\vec{y}) = V_a(\vec{x}) + \int d^3y \frac{\partial}{\partial x_a} \frac{\vec{\nabla}_y \vec{V}(\vec{y})}{4\pi|\vec{x} - \vec{y}|}. \\ &\Leftrightarrow \vec{\nabla} \vec{V}^\perp(\vec{x}) = 0. \end{aligned} \quad (5.32)$$

$$\sum_a \frac{\partial}{\partial x_a} \delta_{ab}^\perp(\vec{x}) = 0, \quad \text{Tr} \{ \delta^\perp(\vec{x}) \} = 2\delta(\vec{x}). \quad (5.33)$$

- Relativistic covariance of quantization in Coulomb gauge maintained, but non-trivial to prove.
- Manifestly relativistically covariant quantization possible (“Gupta–Bleuler method”):
 - ◊ $[\hat{A}^\mu(\vec{x}, t), \hat{\Pi}^\nu(\vec{y}, t)] = i\hbar g^{\mu\nu} \delta(\vec{x} - \vec{y})$ for field operators.,
 - ◊ $\langle \phi | \partial_\mu \hat{A}^\mu | \phi \rangle = 0$ for states $|\phi\rangle$.

\Leftrightarrow Lecture on relativistic QFT !

“Fock space” of photons (follows analogy to harmonic oscillator)

- “vacuum state” $|0\rangle$ (no photons): $\langle 0|0\rangle = 1$, $a_\lambda(\vec{k})|0\rangle = 0 \quad \forall \lambda, \vec{k}$.

$$\Rightarrow E_{\text{vac}} = \langle 0|\hat{H}_{\text{rad}}|0\rangle = \sum_{\vec{k}, \lambda} \frac{\hbar\omega}{2} \underbrace{\langle 0|\hat{a}_\lambda(\vec{k})\hat{a}_\lambda(\vec{k})^\dagger + \hat{a}_\lambda(\vec{k})^\dagger\hat{a}_\lambda(\vec{k})|0\rangle}_{=1} = \sum_{\vec{k}, \lambda} \frac{\hbar\omega}{2} \rightarrow \infty,$$

$$\langle 0|\hat{P}_{\text{rad}}|0\rangle = \sum_{\vec{k}, \lambda} \frac{\hbar\vec{k}}{2} = 0. \quad (5.34)$$

Note: Meaning of infinite vacuum energy not really fully understood, but not very problematic in practice, since not directly measurable.

Measured: “Casimir effect” = force between two electrically neutral metal plates = change of vacuum energy with changing volume.

\hookrightarrow Redefine \hat{H}_{rad} by splitting off unobservable E_{vac} :

$$\hat{H}_{\text{rad}} \rightarrow \hat{H}_{\text{rad}} - E_{\text{vac}}. \quad \Rightarrow \hat{H}_{\text{rad}} = \sum_{\vec{k}, \lambda} \hbar\omega \hat{a}_\lambda(\vec{k})^\dagger \hat{a}_\lambda(\vec{k}). \quad (5.35)$$

- 1-photon states: $|\vec{k}, \lambda\rangle \equiv \hat{a}_\lambda(\vec{k})^\dagger|0\rangle$, $\langle \vec{k}, \lambda|\vec{k}', \lambda'\rangle = (2\pi)^3 \delta_{\lambda\lambda'} \delta(\vec{k} - \vec{k}')$.

$$\begin{aligned} \hat{H}_{\text{rad}}|\vec{k}, \lambda\rangle &= \sum_{\vec{k}', \lambda'} \hbar\omega' \hat{a}_{\lambda'}(\vec{k}')^\dagger \hat{a}_{\lambda'}(\vec{k}') \hat{a}_\lambda(\vec{k})^\dagger|0\rangle \\ &= \sum_{\vec{k}', \lambda'} \hbar\omega' \left(\hat{a}_{\lambda'}(\vec{k}')^\dagger \underbrace{[\hat{a}_{\lambda'}(\vec{k}'), \hat{a}_\lambda(\vec{k})^\dagger]}_{=\delta_{\lambda\lambda'}\delta_{\vec{k}\vec{k}'}} + \hat{a}_{\lambda'}(\vec{k}')^\dagger \hat{a}_\lambda(\vec{k})^\dagger|0\rangle \hat{a}_{\lambda'}(\vec{k}') \right) |0\rangle \\ &= \hbar\omega \hat{a}_\lambda(\vec{k})^\dagger|0\rangle = \hbar\omega |\vec{k}, \lambda\rangle, \end{aligned}$$

$$\hat{P}_{\text{rad}}|\vec{k}, \lambda\rangle = \hbar\vec{k} |\vec{k}, \lambda\rangle. \quad (5.36)$$

Polarization clarified upon investigating behaviour of $|\vec{k}, \lambda\rangle$ under rotations.

$\hookrightarrow |\vec{k}, \lambda\rangle$ = state with 1 photon of energy $\hbar\omega$, momentum $\hbar\vec{k}$, and polarization $\vec{\epsilon}_\lambda(\vec{k})$.

- N -photon state:

$$|\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle \propto \left(\prod_{n=1}^N \hat{a}_{\lambda_n}(\vec{k}_n)^\dagger \right) |0\rangle. \quad (5.37)$$

$|\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle$ = symmetric under exchange of any pair (\vec{k}_i, λ_i) and (\vec{k}_j, λ_j) .

\Rightarrow Bosonic states !

$$\begin{aligned} \hat{H}_{\text{rad}}|\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle &= \sum_{n=1}^N \hbar\omega_n |\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle, \\ \hat{P}_{\text{rad}}|\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle &= \sum_{n=1}^N \hbar\vec{k}_n |\vec{k}_1, \lambda_1; \dots; \vec{k}_N, \lambda_N\rangle. \end{aligned} \quad (5.38)$$

“Fock space” \mathcal{F} = Hilbert space spanned by all multi-photon states.

5.2 Interacting electromagnetic fields

5.2.1 Classical fields

Considered system: N particles with masses m_n and electric charges q_n at positions \vec{x}_n ($n = 1, 2, \dots, N$).

$$\text{Charge density: } \rho(\vec{x}) = \sum_n q_n \delta(\vec{x} - \vec{x}_n).$$

Electric field \vec{E} and potentials in Coulomb gauge ($\vec{\nabla} \cdot \vec{A} = 0$):

$$\vec{E} = \underbrace{-\vec{\nabla}\Phi}_{=\vec{E}^{\parallel}} - \underbrace{\dot{\vec{A}}}_{=\vec{E}^{\perp}} = \vec{E}^{\parallel} + \vec{E}^{\perp}. \quad (5.39)$$

$$\vec{\nabla} \cdot \vec{E} = \vec{\nabla} \cdot \vec{E}^{\parallel} = -\Delta\Phi = \rho/\epsilon_0. \quad \rightarrow \quad \Phi(\vec{x}) = \sum_n \frac{q_n}{4\pi\epsilon_0|\vec{x} - \vec{x}_n|} = \text{no dynamical variable!}$$

$$\vec{E}^{\perp} = -\dot{\vec{A}}, \quad \vec{\nabla} \cdot \vec{E}^{\perp} = 0, \quad \vec{\Pi} = \epsilon_0 \dot{\vec{A}} = -\epsilon_0 \vec{E}^{\perp} = \text{canonical momentum variable to } \vec{A}.$$

Hamilton function:

$$H = H_{\text{matter}} + H_{\text{elmg}}, \quad (5.40)$$

$$H_{\text{matter}}(\{\vec{x}_n, \vec{p}_n\}) = \sum_n \frac{1}{2m_n} \left(\underbrace{\vec{p}_n - q_n \vec{A}(\vec{x}_n, t)}_{= m_n \dot{\vec{x}}_n = \text{cartesian momentum} \neq \vec{p}_n} \right)^2, \quad (5.41)$$

$$\begin{aligned} H_{\text{elmg}}(\vec{A}, \vec{\Pi}) &= \int_V d^3x \frac{1}{2} \left(\epsilon_0 \vec{E}^2 + \vec{B}^2/\mu_0 \right) \quad (5.42) \\ &= \int_V d^3x \frac{1}{2} \left(\epsilon_0 (\vec{E}^{\perp})^2 + 2\epsilon_0 \underbrace{\vec{E}^{\perp} \vec{E}^{\parallel}}_{\substack{\text{P.I. } (\vec{\nabla} \cdot \vec{E}^{\perp})\Phi = 0 \\ \text{P.I. } -\epsilon_0 \Phi \Delta\Phi = \rho\Phi}} + \underbrace{\epsilon_0 (\vec{E}^{\parallel})^2}_{\substack{\text{P.I. } -\epsilon_0 \Phi \Delta\Phi = \rho\Phi}} + \vec{B}^2/\mu_0 \right) \\ &= \int_V d^3x \frac{1}{2} \left(\epsilon_0 (\vec{E}^{\perp})^2 + \vec{B}^2/\mu_0 \right) + \frac{1}{2} \sum_n q_n \Phi(\vec{x}_n) \\ &= \underbrace{\int_V d^3x \frac{1}{2} \left(\vec{\Pi}^2/\epsilon_0 + (\vec{\nabla} \times \vec{A})^2/\mu_0 \right)}_{\equiv H_{\text{rad}}(\vec{A}, \vec{\Pi})} + V_{\text{Coul}}(\{\vec{x}_n\}), \end{aligned}$$

$$V_{\text{Coul}}(\{\vec{x}_n\}) = \frac{1}{2} \sum_{m \neq n} \frac{q_m q_n}{4\pi\epsilon_0 |\vec{x}_m - \vec{x}_n|} + \underbrace{E_{\text{self}}}_{\substack{= \text{self-energy of point charges} \\ = \text{constant, but } \rightarrow \infty}}.$$

$$\Rightarrow H = \underbrace{H_{\text{matter}} + V_{\text{Coul}}}_{\equiv H'_{\text{matter}}} + H_{\text{rad}}.$$

5.2.2 Quantization

Consider again system of N point charges as before.

Qm. states of matter particles:

- Operators according to the correspondence principle:

$$\begin{aligned} H'_{\text{matter}}(\{\vec{x}_n, \vec{p}_n\}) &\rightarrow \hat{H}'_{\text{matter}}(\{\hat{\vec{x}}_n, \hat{\vec{p}}_n\}) \\ &= \sum_n \frac{1}{2m_n} \left(\hat{\vec{p}}_n - q_n \vec{A}(\hat{\vec{x}}_n, t) \right)^2 + V_{\text{Coul}}(\{\hat{\vec{x}}_n\}), \\ &\text{with } [\hat{x}_{n,a}, \hat{p}_{m,b}] = i\hbar \delta_{mn} \delta_{ab}. \end{aligned} \quad (5.43)$$

- Many-particle states $|\psi\rangle \equiv |\psi_1\rangle \cdots |\psi_n\rangle$ as direct products (anti-symmetrized/symmetrized if needed).
- Operators and states defined in the Schrödinger or Heisenberg picture as usual.

Quantized radiation field: (Coulomb gauge $\vec{\nabla} \cdot \vec{A} = 0$)

New: Φ does not vanish, because $\Delta \Phi = -\vec{\nabla} \cdot \vec{E}^{\parallel} = -\rho/\epsilon_0 \neq 0$.

But: Φ completely determined by charge distribution ρ , see Eq. (5.39).

\leftrightarrow Φ and \vec{E}^{\parallel} are not dynamical variables.

Dynamical variables: $\vec{A}(\vec{x}, t)$ and $\vec{\Pi}(\vec{x}, t) = \epsilon_0 \dot{\vec{A}}(\vec{x}, t) = -\epsilon_0 \vec{E}^{\perp}(\vec{x}, t)$.

- Justification of $\vec{\Pi}$ as canonical mom. variable by verifying EOMs (Maxwell's eqs.).
Note: Definition formally identical to free-field case, because interactions do not involve $\dot{\vec{A}}$.
- Promotion to field operators: $\vec{A}(\vec{x}, t) \rightarrow \hat{\vec{A}}(\vec{x}, t)$, $\vec{\Pi}(\vec{x}, t) \rightarrow \hat{\vec{\Pi}}(\vec{x}, t)$.
Note: $\hat{\vec{A}}$ and $\hat{\vec{\Pi}}$ obey canonical EOMs (in the Heisenberg picture) and thus do not have simple plane-wave expansions as for the free fields given in Eq. (5.24).
- Hamiltonian:

$$\hat{H}_{\text{rad}}(\hat{\vec{A}}, \hat{\vec{\Pi}}) = \int_V d^3x \frac{1}{2} \left[\hat{\vec{\Pi}}(\vec{x}, t)^2 / \epsilon_0 + \left(\vec{\nabla} \times \hat{\vec{A}}(\vec{x}, t) \right)^2 / \mu_0 \right]. \quad (5.44)$$

- Equal-time commutators:

$$\left[\hat{A}_a(\vec{x}, t), \hat{\Pi}_b(\vec{y}, t) \right] = i\hbar \delta_{ab}^{\perp}(\vec{x} - \vec{y}). \quad (5.45)$$

- Photon states $|\phi\rangle \in \mathcal{F}$, but states with fixed number of photons \neq eigenstates of \hat{H} .

Complete system:

- Hamiltonian:

$$\hat{H} = \hat{H}'_{\text{matter}} \left(\{\hat{x}_n, \hat{p}_n\} \right) + \hat{H}_{\text{rad}} \left(\hat{A}, \hat{\Pi} \right). \quad (5.46)$$

- Composite states:

$$|\Psi\rangle = \underbrace{|\psi\rangle}_{\text{matter part}} \otimes \underbrace{|\phi\rangle}_{\text{photon part}} = |\psi\rangle |\phi\rangle \in \mathcal{H} = \mathcal{H}_{\text{matter}} \otimes \mathcal{F}. \quad (5.47)$$

Note:

- ◇ \hat{x}_n, \hat{p}_n act on $|\psi\rangle$,
 - ◇ $\hat{A}, \hat{\Pi}$ act on $|\phi\rangle$.
 - ◇ $\left[\hat{x}_n, \hat{A}(\hat{x}_m, t) \right] = \left[\hat{x}_n, \hat{\Pi}(\hat{x}_m, t) \right] = 0$.
- Interaction picture:

- ◇ Free Hamiltonian:

$$\hat{H}_0 = \sum_n \frac{\hat{p}_n^2}{2m_n} + \hat{H}_{\text{rad}} = \text{Hamiltonian for free particles / photons.} \quad (5.48)$$

↔ Mode decomposition (5.24) of $\hat{A}(\vec{x}, t)$ and N -photon states (5.37) correspond to exact field operators and states of the unperturbed system.

- ◇ Interaction Hamiltonian (“perturbation”):

$$\hat{H}_{\text{int}} = \sum_n \left(-\frac{q_n}{m_n} \hat{A}(\hat{x}_n, t) \hat{p}_n + \frac{q_n^2}{2m_n} \hat{A}(\hat{x}_n, t)^2 \right) + V_{\text{Coul}}(\{\hat{x}_n\}). \quad (5.49)$$

- Other variants of splitting \hat{H} into \hat{H}_0 and \hat{H}_{int} possible.

Example: e^- in atoms

↔ V_{Coul} considered as part of \hat{H}_0 .

5.2.3 Application: $1e^-$ atoms in quantized radiation field

Recapitulation of classical elmg. field (see end of Section III.4)

- Classical radiation field: (monochromatic, Coulomb gauge)

$$\vec{A}(\vec{x}, t) = A_0 \vec{\varepsilon} \cos(\vec{k}\vec{x} - \omega t), \quad \vec{k}\vec{\varepsilon} = 0. \quad (5.50)$$

Average energy density:

$$\bar{\rho}_E = 2\epsilon_0 \omega^2 A_0^2. \quad (5.51)$$

- Unperturbed qm. system: $1e^-$ in Coulomb field of nucleus

$$\hat{H}_0 = \frac{\hat{p}^2}{2m_e} + V_{\text{Coul}}(\hat{x}). \quad (5.52)$$

- Perturbation: interaction with classical \vec{A} to linear order

$$\begin{aligned} \hat{H}_{\text{int}} &= \frac{e}{m_e} \vec{A}(\hat{x}, t) \hat{p} \\ &= \hat{h} e^{-i\omega t} + \hat{h}^\dagger e^{i\omega t}, \quad \hat{h} = \frac{e}{m_e} e^{i\vec{k}\hat{x}} A_0 \vec{\varepsilon} \hat{p}. \end{aligned} \quad (5.53)$$

- Amplitudes for atomic transition $|i\rangle \rightarrow |f\rangle$: ($|i\rangle, |f\rangle$ = atomic energy eigenstates)

$$\begin{aligned} h_{fi} &= \langle f | \hat{h} | i \rangle = \frac{e}{m_e} A_0 \underbrace{\langle f | e^{i\vec{k}\hat{x}} \vec{\varepsilon} \hat{p} | i \rangle}_{\equiv M_{fi}(\vec{k})}, \\ h_{fi}^\dagger &= \langle f | \hat{h}^\dagger | i \rangle = \frac{e}{m_e} A_0 M_{fi}(-\vec{k}). \end{aligned} \quad (5.54)$$

- Rates of absorption / stimulated emission:

$$\begin{aligned} \frac{W_{fi,\text{abs}}}{T} &= \frac{2\pi}{\hbar} |h_{fi}|^2 \delta(E_f - E_i - \hbar\omega) = \frac{4\pi^2 \alpha c \bar{\rho}_E}{m_e^2 \omega^2} |M_{fi}(\vec{k})|^2 \delta(E_f - E_i - \hbar\omega), \\ \frac{W_{fi,\text{st.em}}}{T} &= \frac{2\pi}{\hbar} |h_{fi}^\dagger|^2 \delta(E_f - E_i + \hbar\omega) = \frac{4\pi^2 \alpha c \bar{\rho}_E}{m_e^2 \omega^2} |M_{fi}(-\vec{k})|^2 \delta(E_f - E_i + \hbar\omega). \end{aligned} \quad (5.55)$$

\Leftrightarrow Further manipulations with dipole approximation for M_{fi} , average over polarization, and integration over frequency spectrum of radiation.

Interaction with quantized radiation:

- Quantized radiation field: (single mode, Coulomb gauge)

$$\hat{A}(\vec{x}, t) = \sqrt{\frac{\hbar}{2\omega\epsilon_0 V}} \left(\hat{a}(\vec{k}) \vec{\varepsilon}(\vec{k}) e^{i\vec{k}\vec{x} - i\omega t} + \hat{a}(\vec{k})^\dagger \vec{\varepsilon}^*(\vec{k}) e^{-i\vec{k}\vec{x} + i\omega t} \right), \quad \vec{k}\vec{\varepsilon} = 0. \quad (5.56)$$

Average energy density:

$$\bar{\rho}_E = \frac{N}{V} \hbar\omega, \quad N = \text{number of photons in volume } V. \quad (5.57)$$

- Unperturbed qm. system: $1e^-$ in Coulomb field of nucleus + free radiation field

$$\hat{H}_0 = \frac{\hat{p}^2}{2m_e} + V_{\text{Coul}}(\vec{x}) + \hat{H}_{\text{rad}}. \quad (5.58)$$

- Perturbation: interaction with quantized \hat{A} to linear order

$$\begin{aligned} \hat{H}_{\text{int}} &= \frac{e}{m_e} \hat{A}(\vec{x}, t) \hat{p} \\ &= \hat{h} e^{-i\omega t} + \hat{h}^\dagger e^{i\omega t}, \quad \hat{h} = \frac{e}{m_e} \sqrt{\frac{\hbar}{2\omega\epsilon_0 V}} e^{i\vec{k}\vec{x}} \hat{a}(\vec{k}) \vec{\varepsilon}(\vec{k}) \hat{p}. \end{aligned} \quad (5.59)$$

- Amplitudes for transition $|\Psi_i\rangle \rightarrow |\Psi_f\rangle$: $|\Psi_i\rangle = |i\rangle|\phi_i\rangle$, $|\Psi_f\rangle = |f\rangle|\phi_f\rangle$,

$$\begin{aligned} h_{fi} &= \langle \Psi_f | \hat{h} | \Psi_i \rangle = \frac{e}{m_e} \sqrt{\frac{\hbar}{2\omega\epsilon_0 V}} \langle \phi_f | \hat{a}(\vec{k}) | \phi_i \rangle \underbrace{\langle f | e^{i\vec{k}\vec{x}} \vec{\varepsilon}(\vec{k}) | i \rangle}_{\equiv M_{fi}(\vec{k})}, \\ h_{fi}^\dagger &= \langle \Psi_f | \hat{h}^\dagger | \Psi_i \rangle = \frac{e}{m_e} \sqrt{\frac{\hbar}{2\omega\epsilon_0 V}} \langle \phi_f | \hat{a}^\dagger(\vec{k}) | \phi_i \rangle M_{fi}(-\vec{k}). \end{aligned} \quad (5.60)$$

Photon states:

$$\begin{aligned} |\phi_i\rangle &= \frac{(\hat{a}^\dagger(\vec{k}))^N}{\sqrt{N!}} |0\rangle, \quad \text{normalized } N\text{-photon state,} \\ |\phi_f\rangle &= \frac{(\hat{a}^\dagger(\vec{k}))^{N'}}{\sqrt{N'!}} |0\rangle. \end{aligned} \quad (5.61)$$

$$\Rightarrow \langle \phi_f | \hat{a}(\vec{k}) | \phi_i \rangle = \underbrace{\sqrt{N} \delta_{N', N-1}}_{\text{1-photon absorption}}, \quad \langle \phi_f | \hat{a}^\dagger(\vec{k}) | \phi_i \rangle = \underbrace{\sqrt{N+1} \delta_{N', N+1}}_{\text{1-photon emission}}. \quad (5.62)$$

Squared amplitudes:

$$\begin{aligned}
|h_{fi}|^2 &= \frac{\hbar e^2}{2\omega\epsilon_0 m_e^2} \frac{N}{V} |M_{fi}(\vec{k})|^2 = \frac{e^2 \bar{\rho}_E}{2\omega^2 \epsilon_0 m_e^2} |M_{fi}(\vec{k})|^2, \\
|h_{fi}^\dagger|^2 &= \frac{\hbar e^2}{2\omega\epsilon_0 m_e^2} \frac{N+1}{V} |M_{fi}(-\vec{k})|^2 \\
&= \frac{e^2 \bar{\rho}_E}{2\omega^2 \epsilon_0 m_e^2} |M_{fi}(-\vec{k})|^2 + \frac{\hbar e^2}{2\omega\epsilon_0 m_e^2} \frac{1}{V} |M_{fi}(-\vec{k})|^2.
\end{aligned} \tag{5.63}$$

- Rates of absorption / stimulated emission as for classical radiation:

$$\begin{aligned}
\frac{W_{fi,\text{abs}}}{T} &= \frac{4\pi^2 \alpha c \bar{\rho}_E}{m_e^2 \omega^2} |M_{fi}(\vec{k})|^2 \delta(E_f - E_i - \hbar\omega), \\
\frac{W_{fi,\text{st.em}}}{T} &= \frac{4\pi^2 \alpha c \bar{\rho}_E}{m_e^2 \omega^2} |M_{fi}(-\vec{k})|^2 \delta(E_f - E_i + \hbar\omega).
\end{aligned} \tag{5.64}$$

NEW: contribution for “spontaneous emission” (independent of $\bar{\rho}_E$!):

$$\frac{W_{fi,\text{sp.em}}}{T} = \frac{\pi e^2}{\epsilon_0 \omega m_e^2} \frac{1}{V} |M_{fi}(-\vec{k})|^2 \delta(E_f - E_i + \hbar\omega) \tag{5.65}$$

= transition rate for emitting a photon
with specific momentum $\hbar k$ and polarization $\vec{\epsilon}$

$$\tag{5.66}$$

- Decay width $\Gamma_{fi} = \hbar \times \text{rate}$ for the atomic transition $|i\rangle \rightarrow |f\rangle$ via spontaneous emission of any photon in dipole approximation:

$$\begin{aligned}
\Gamma_{fi} &= \sum_{\vec{k}} \sum_{\gamma \text{ pol}} \frac{\pi \hbar e^2}{\epsilon_0 \omega m_e^2} \frac{1}{V} |M_{fi}(-\vec{k})|^2 \delta(E_f - E_i + \hbar\omega) \\
&= \frac{1}{V} \underbrace{\sum_{\vec{k}}}_{\int \frac{d^3k}{(2\pi)^3}} \frac{\pi \hbar e^2}{\epsilon_0 \omega m_e^2} \underbrace{\sum_{\gamma \text{ pol}} |M_{fi}(-\vec{k})|^2}_{= 2m_e^2 \omega_{if}^2 \vec{x}_{fi}^2 / 3 \text{ in dipole approximation,}} \delta(E_f - E_i + \hbar\omega) \\
&= \int \frac{d^3k}{(2\pi)^3} \frac{2\pi e^2 \omega_{if}^2 \vec{x}_{fi}^2}{3\epsilon_0 \omega} \delta(\omega - \omega_{if}), \quad \omega = ck \\
&= \frac{e^2 \omega_{if}^3 \vec{x}_{fi}^2}{3\pi \epsilon_0 c^3} = \frac{4\alpha \hbar \omega_{if}^3 \vec{x}_{fi}^2}{3c^2}.
\end{aligned} \tag{5.67}$$

Total decay width (“natural width”) Γ_i of atomic state $|i\rangle$:

$$\Gamma_i = \frac{\hbar}{\tau_i} = \sum_{\substack{f \\ E_f < E_i}} \Gamma_{fi}, \quad \tau_i = \text{lifetime of } |i\rangle. \tag{5.68}$$